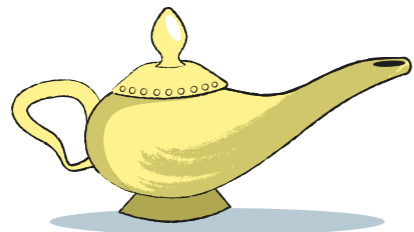


CHAPTER 5:  
**DREAMING  
YOUR LIFE**



# DREAMING YOUR LIFE

WHAT WILL YOUR LIFE LOOK LIKE? IN THE FUTURE, WHAT WILL YOU THINK, DO, EXPERIENCE? WHAT KIND OF PERSON WILL YOU BE — OR RATHER: WHAT KINDS OF PERSONS WILL YOU BE? YOU CAN LIVE A THOUSAND LIVES IN ONE LIFE, SO DON'T WORRY IF YOU HAVE TOO MANY DREAMS!

IT'S ALL ABOUT DARING TO DREAM — AND TO DREAM BIG. YOU ARE WORTH IT. WHENEVER YOU DISCOVER A PERSON, A JOB OR A LIFE THAT STRIKES YOU, RIGHT WHEN YOU THINK "WOOW!", DON'T LET ANY VOICE TELL YOU THAT THIS WOULD BE IMPOSSIBLE FOR YOU.

Dare to say: **"That is what I want!"**

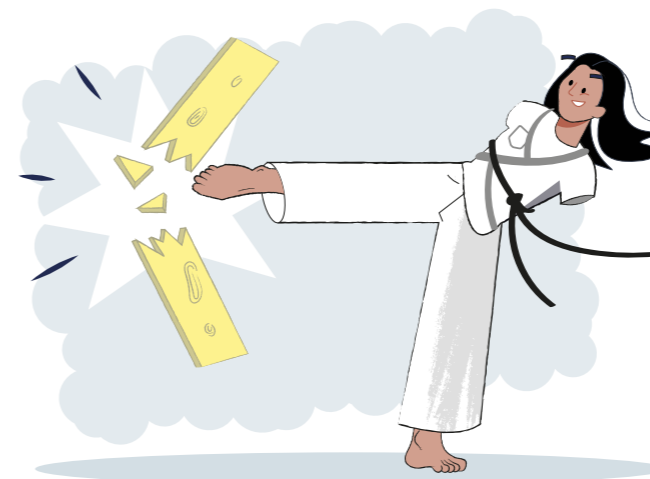
## Michael Mwangi

Michael Mwangi was a child living and sleeping in the streets of Nairobi, in Kenya. Life was tough and he and his friends often struggled with addictions. **However, he dared to dream that one day he would become a pilot.** Thanks to hard work and some support around him, he managed to start school. At first he got terrible grades. But after a lot of hard work and not giving up on his dream, he ended up at the top of his class. Years later, he finally became a pilot, against all odds.



## Jessica Cox

Jessica Cox wanted to become a pilot too. She had a supportive family, as well as a safe and comfortable environment in the USA. However, she was born without arms. **Well, Jessica dared to dream.** Through years of effort, she learned to fly a plane with her feet, and in 2008 she became the first licensed armless pilot.



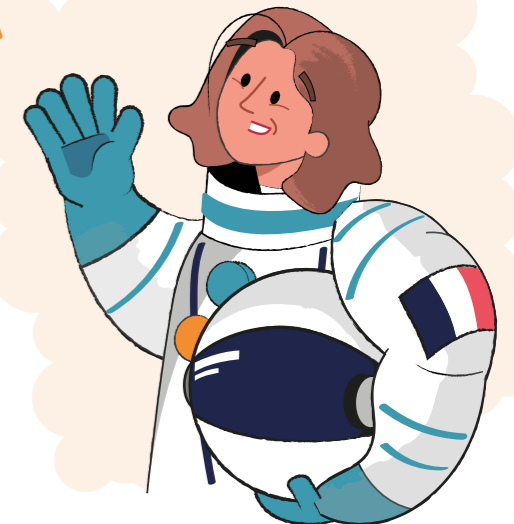
Oh, and Jessica also has a black belt in Taekwondo, and is a licensed scuba diver.

**Pretty impressive!**

## Claudie Haigneré

Initially, Claudie Haigneré was a doctor. But when the French space centre (CNES) started to recruit, she applied, and was among the few candidates to be selected. **In 1996, she made her first flight in the Mir space station - and became an astronaut! She also flew onboard the ISS (International Space Station) in 2001.**

Claudie even got involved in French Politics as a Minister Delegate for Research and New Technologies and later, Minister Delegate for European Affairs!



Wherever you are in your life right now, there is space to dream as big as you want. If your dream is huge, it just means you'll have to work hard to achieve it... Just like Michael, Jessica or Claudie, you can reach that incredible goal with persistence and passion. And what if you don't reach your exact goal? Don't worry, the journey will be worth it, and you may end up in a great, unexpected place.

As is often said:

**"Aim for the moon. Even if you miss, you'll land among the stars."**

**So don't wait and dare to dream now!**





# I WISH I WOULD...

WHAT WOULD YOU LIKE TO EXPERIENCE DURING YOUR LIFETIME? WOULD YOU LIKE TO LEARN TO PLAY MUSIC, TO SAIL A BOAT, TO DESIGN A PLANE? WOULD YOU LIKE TO GO AND SEE SOME BEAUTIFUL NATURAL PLACES, OR TO DISCOVER SOME BUSY AND EXCITING CITIES? WOULD YOU LIKE TO SHARE A PASSION WITH SOMEONE, OR WITH A TEAM? TAKE A MOMENT TO DREAM OF ALL THE THINGS THAT ARE POSSIBLE IN A LIFE, AND WRITE THE ONES YOU WOULD ENJOY - EVEN IF YOU THINK THEY'RE UNREALISTIC!

1 DURING MY LIFETIME, I WISH I WOULD LEARN...  
\_\_\_\_\_  
\_\_\_\_\_

2 DURING MY LIFETIME, I WISH I WOULD GO TO...  
\_\_\_\_\_  
\_\_\_\_\_

3 DURING MY LIFETIME, I WISH I WOULD SHARE...  
\_\_\_\_\_  
\_\_\_\_\_



# ROLE MODELS

If you could be anyone, who would you like to be? Try to think of someone who would have a life that would suit you. Is it someone who is passionate? Who has a great skill? Someone who is successful? Changes the world?

Take the time to search, to find someone who is really inspirational: you may ask people around you, search in books or on the internet. And when you have found a person who can be an inspiration, a role model, ask yourself: what do I need to do to have this kind of life?

What would the first step be?



ACTIVITY 3

LET'S TAKE A BLANK SHEET OF PAPER. DRAW ONE SINGLE LINE, AS SIMPLE OR AS COMPLICATED AS YOU WISH, AND LET'S IMAGINE THIS LINE IS YOUR WHOLE LIFE, FROM BEGINNING TO END. THE STARTING POINT OF THE LINE IS YOUR BIRTH AND THE END OF THE LINE IS YOUR DEATH. DRAW A BIG DOT SOMEWHERE ON THE LINE, REPRESENTING NOW, AND WRITE YOUR CURRENT AGE. YOU MAY NOW ADD ON THE LINE THE IMPORTANT EVENTS THAT HAPPENED TO YOU IN THE PAST, AND THE AGE YOU WERE. **NOW, LET'S GO INTO THE FUTURE: LET'S DREAM OF A GREAT LIFE THAT WOULD ALSO BE YOUR LIFE.** ADD ON THE LINE ALL THE IMPORTANT EVENTS OF THIS LIFE, BOTH PERSONAL AND PROFESSIONAL EVENTS.

FOR EACH EVENT, ADD THE AGE YOU WILL BE. IT MAY LOOK LIKE THIS:

START

**0** I was born in: 20..

**14** I made a new friend ...

**18** I will meet ...

**23** I will learn ...

**25** I will visit...

**32** I will start working as...

**Now**

LIFE LINES

FINISH

**42** I will move to...

**55** I will do this crazy thing ...

**65** I will try and fail to... (But it will be OK!)

**72** I will decide to ...

**86** I will join...

Try to be as precise as possible: add a lot of events, a lot of things, to have a full and exciting life! Have fun with your future life: you can even do this activity several times, and use it to understand what you actually want to achieve!

